# Bridges & Rumi Newsletter



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**ENJOY WORKING AT** 









This summer our annual Kickball Tournament was held at a park in St. Paul. It was so much fun playing kickball, seeing everyone from all the regions, and eating delicious food. After a long and very exciting day, the Hennepin Hippies ended up taking home the trophy!











# Success Stories



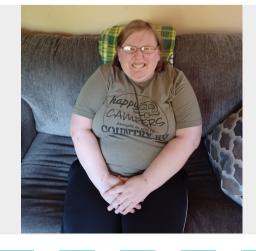
# Cassie volunteering at Feed My Starving Children

Cassie has had a very eventful summer! She has gotten to go to Valleyfair, the Minnesota State Fair, she has been cooking new recipes, and celebrating birthdays. Out of all the fun activities she has gotten to do this summer, one of her favorites was volunteering at Feed My Starving Children. She loved volunteering so much, she wants to continue to go back monthly!

A guardian reached out to us regarding a married couple that needed care and requested to live together, and we wanted to do whatever we could to make this happen. Craig and Char have been married for years but had different providers, which meant that they were not able to live together. Once we were able to meet with them and talk about their goals, we created a plan specific to them and all of their needs. With this setup, they are both able to receive their own staff and services, while getting to live together. They recently celebrated their 18th wedding anniversary with a renewal of vows, and they are doing fantastic!

### Vows Renewal





Meet Debbie! She enjoys cooking, old cars, fishing, joking with staff, working, watching movies and much more! Debbie joined the Bridges Transitional home in early June. During Debbie's stay she has overcome many obstacles and even started a new job! Staff worked with Debbie each day on her coping skills as well as her independent living skills making it possible for Debbie to move into a permanent setting within Bridges!! We are so proud of you Debbie!



# SUMMER PICNICS



Our Ramsey, North, and Hennepin Regions hosted their semi-annual and annual picnics. These events were for both residents and employees to come grill, play games, and enjoy the fantastic weather together. They had a blast at this picnic, and they are already looking forward to the next one!









## 507 Garden











Our Mankato garden is doing amazing! There has been so much growth in the past couple of weeks and they have been able to harvest a lot of their vegetables! They have been making pickles, planting garlic cloves, and continuously learning more about gardening. They are so excited because their pumpkin is finally growing.

GARDEN

# RUMI HIGHLIGHTS



## SILVER MEDAL

One of our Rumi's received a silver medal in the Special Olympics Basketball competition in Stillwater this July!



### SUMMER TIME

This summer one of our Rumi connections, James and Bryan, stayed busy! They had the opportunity to go on a couple of short trips and a longer one. They went to the Great Lakes Shipping Museum at Whitefish Point, Soo Locks, Jay Cooke state park, and Two Harbors.

### FOOD TRUCK & ICE CREAM SOCIAL

On June 22nd and August 25th, the Rumi connections attended the food truck activity ice cream social at the Rumi office. Our Rumis were able to mingle and get to know other connections.

What a fun way to enjoy the summer and make new friends!









# EMPOWER



EMPOWER HAD A TEAM-BUILDING ACTIVITY IN JULY, AND SINCE THE TEAM IS SMALL, THEY BROUGHT ALONG SOME FRIENDS. THEY ALL GOT LUNCH, AND THEY EACH GOT TO PICK OUT AN ACTIVITY THEY WANTED TO DO! SO, THEY WENT TO AN ESCAPE ROOM, SEA LIFE, AND THE M&M STORE AT THE MALL OF AMERICA. THEY HAD A BLAST, ESPECIALLY BECAUSE THEY PASSED THE ESCAPE ROOM WITH 88 SECONDS TO SPARE!



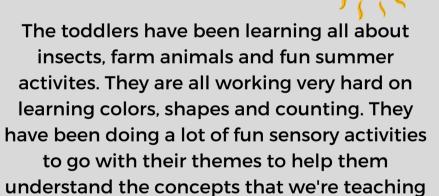






We have had a great summer here at NorthBridge! We have had water days to battle the heat and a lot of messy science experiments that we could do outside!
We are working on opening up the infant room. We're hoping to be open soon! We'll be sure to keep everyone updated.

## TODDLERS

















The preschoolers are working hard on letter and number recognition. They are matching letters, they are spelling their names in their art projects. They are counting objects and matching numbers and they are writing their names each day.

They have had turned their classroom into a beach, and a giant picnic and a game of candyland.
They've loved all of the summer activities and treats they've gotten!

## PRE-K

The Pre-K kids have been working hard on learning to read and write their site words! They are doing great at finding their site words in the books that they read. They are matching upper case and lower case letters. They've done some fun science activities that they want to do over and over again! Mostly they are preparing for their big move to Kindergarten! They are all ready to go even if we aren't ready to let them. Evelynn, Ellie, Alenah, Waverly and Natalya we are so proud of all of you! We know you will do great in Kindergarten!





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Everyone here has a reason they love to work at Bridges. Whether it is the mission, your clients, our culture, the benefits, your coworkers, or something else, help us spread the good word by taking a couple of minutes out of your day to leave us a review. Just click the link to the left or scan the QR code.