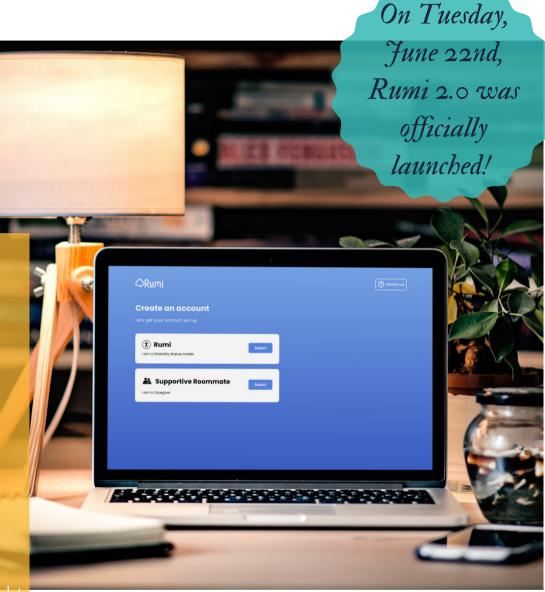
#### THE HIGHLIGHTS OF RUMI 2.0



### What's Inside:

- **2**-Rumi Highlights
- **3**-Northbridge Childcare
- **4**-Childcare continuec
- **4**-Kickball Championship
- **5**-Men's Leadership Trip
- **5**-Employee Survey
- **6**-IRTS in Fergus Falls
- **5**-Stimulant Use Disorder
- **7-**NBH Employee Spotlight
- **7**-Employee Referral Bonus
- **7**-BridgesMN Employee Spotlight
- **8-**Summer Hours

To learn more, visit www.MeetMyRumi.com, or give us a call at (651) 760-8730



The Rumi tech team spent 6 hard-working months rebuilding the Rumi online experience. From searching for a future roommate to updating a profile to using the brand new user-to-user messenger, everything will be easier for those who are potential Supportive Roommates (Caregivers) or for the individual with a disability waiver.

Why should you consider being a Supportive Roommate?

- Earn up to \$59,000 tax-free per year.
- Continue to live your life. We will provide temporary staffing for vacations or unplanned leave of absences such as an illness.
- Make a positive impact in a person's life
- Provide a level of support that works for you



# Rumi's Highlights of The Season



**On May 23rd,** Rumi attended and was a sponsor of the AuSMN event Steps for Autism. A Rumi Connection – Jacob and Skyler – were in attendance.

Rumi, Daniel used help and support from his Supportive Roommate, Scott to adopt his first foster pup!

**On June 3,** Rumi held its first user testing event for launching the new and improved Rumi platform. Collectively, they had 25 individuals with disabilities, supportive roommates, and Bridges employees show up, share feedback and learn more about Rumi! For those who could not attend in person, the website captured screen recordings for later internal analysis.

The team gained invaluable knowledge from the event on how users will intuitively interact with the Rumi platform. The ideas and feedback resulted in implementing new features to help users understand even further how they can get the most out of Rumi 2.0 and beyond."



Marie and her supported roommate have been enjoying the nice weather. They hosted a BBQ and attended an art show.











CHILD DEVELOPMENT

At NorthBridge we are ready for the summer! We are talking about the warm weather, camping, the beach, summer sports, and summer treats! Our sensory tables are full of sand, water, and shovels, and our classrooms are decorated for the fun summer themes that we're getting ready to do! Our school age programs started on June 14th so we welcomed some new and old friends. Since the weather is warmer we will be getting more outside time so please make sure that your child has sunblock here every day!







### We also have a few new teachers:

Ms. Maddie is our preschool teacher. She has been in childcare for 3 years. Maddie went to school for Elementary education and she's excited to bring in some new things to teach us!

Ms. Marci has also been doing childcare for several years. She's excited to work with all of the age groups here!

Ms. Molly is new to childcare. She is going to school for developmental psychology and is excited to have the opportunity to work with all of the different age groups and get to know all of the kids in the center.

Ms. Clarissa is also new to childcare. She has been working in a group home setting but her goal has always been to work with kids.

We are all so excited to spend the summer having fun with the kids!

#### Want to apply?

Who is eligible: Full-time Bridges MN and Northstar Behavioral Health employees Tuition: At NorthBridge Child Development Center, we request 4 hours of volunteering a week per child for kids who are enrolled full or part-time. If you decide to pay tuition, this will be \$80 per week for kids enrolled full or part-time.

**Operation hours:** Monday - Friday: 6:45 am to 4:15 pm

**Ages:** toddlers 16 -32 months, preschoolers 33 months to 5 years, and school age children up to 10 years old.

Where: 1926 University Ave W, St. Paul MN (Next door form Bridges Corporate office)

### Second Annual Bridges, Northstar, and Rumi Kickball Championship

Northbridge leadership teams took their places on the field for our annual kickball championship game on May 7th. It was a beautiful day for some team bonding. The championship winners this year were the south metro region.





PAGE 4 SPRING 2021

### Annual Men's Leadership Trip

On April 8th, our annual men's leadership trip, which included APROX 60 residential supervisors, managers, and directors traveled to St. Thomas. Toqualify, one must be a Full-Time supervisor, manager, or director for at least 6months.







### This is another chance you have to let us know how we are doing-Employee Survey

We would really appreciate it if you take a couple of minutes to give us your honest opinion and feedback, so we can k working on being better for our Clients, Employees, and Community members.

Why should you complete it? Based on your feedback in past years we have made some changes:

- Creating the NorthBridge Child Development program
- 401K match changes
- Profit Sharing changes
- NorthBridge University
- Promotions of employees and other leadership changes
- Care Delivery changes

Please stay tuned for a text message from our Northstar, BridgesMN, and NorthBridge corporate communications line (888)801-8726 with the link to complete the employee survey.





PAGE 5 SPRING 2021



### Intensive Residential Treatment Services In Fergus Falls

Northstar's IRTS team received their license on April 30th and worked diligently to open the doors on May 24th. Everyone has been working hard to get all things in place to serve those that need co-occurring services within a residential program. It was amazing to see other teams come together to help us get ready to go, and the relationships it produced among all of us. Through this process, many of the IRTS employees were able to meet Northstar staff not only here in Fergus but across the Northstar team as a whole. Currently, we have 4 fulltime Mental Health Practitioners and two part-time practitioners. We have 1 mental health rehabilitation worker hired and are looking for two more. We have extended offers to two peer recovery specialists that have accepted the offer, their start date has not been established as of yet. Last but not least we are fortunate to report we have a clinical trainee (who can do the work of a mental health professional under supervision) that will be starting July 1, and two practicum/intern students beginning in August. We are off to a great start! Thank you everyone for all your help and guidance through this process, it has been daunting but mostly rewarding!



#### Stimulant Use Disorder treatment added to our Metro Locations!

After seeing the success our clients with Stimulant Use Disorder have had in our Fergus Falls location, we have decided to extend that support to all 4 of our residential locations. This also includes our St Cloud and Metro Outpatient programs.

When we live our Mission, Providing hope, improving quality of life, and preserving families affected by opioid and stimulant addiction, this aligns with who we are and striving to serve as many individuals as possible. Adding stimulant use disorder will open the doors for more individuals to benefit from the excellent care our team provides.



Nicole Wenneson transitioned from a Tech at Geneva into a Tech/Driver in IOP roughly 3 months ago. In taking on this new role Nikki (Nicole) is managing the client milieu, sanitizing common areas for COVID concerns, transporting clients, delivering house manager duties, and has learned how to audit services lines to ensure correct timely billing amongst other miscellaneous tasks. Nikki is a nose to the grindstone type of worker and doesn't stop until the job is complete and does not wane if extra is asked of her. I am honored and proud to work next to Nikki on a daily basis. Besides being an amazing coworker, she has the innate ability to connect with clients in a caring manner while holding them accountable for their actions. If you do not know Nikki, I would encourage you to get to know her and grab any golden nuggets she drops out of her pockets; in my eyes her pockets are full!

## Employee Referral Bonus

#### Do you know some good candidates?

We are now offering an employee referral bonus of \$500 referral bonus for LADC positions (Metro Sites Only). LADC will receive \$2,000 sign on bonus as well. Along with that we are also offering \$250 to anyone who refers a new employee to Northstar Behavioral Health after 6 months of employment.

We are hiring for LPN positions, CNA/TMA, Mental Health Rehabilitation workers, Behavioral Health Technicians and so much. There are multiple shifts available so please visit our Northstar Behavioral Health Website and click on "Apply Now" to check it out!

https://www.northstarbehavioralhealthmn.com/



PAGE 7 SPRING 2021



### Employee Spotlight

#### Employee Spotlight: Abdi Ibrahim, Development Manager in Great River Region

Abdi has been part of the Bridges family since January of 2018 and has had the growth in his career path that we love to see here. Abdi was hired as a DSP, promoted to SIT, then to a RS, and now a DM!! Prior to joining Bridges, Abdi worked at the St. Cloud Area School District helping students new to the country with on-boarding and transition, parent engagement and supporting the district's programming for navigating multicultural issues and goals.

Abdi is a graduate of St. Cloud State with a Bachelor of Science in Management. He enjoys playing soccer and is passionate about uplifting himself and others in doing everything possible to make dreams become realities.

As the Development Manager in the Great River Region (serving Wright & Sherburne counties), he helps support RS' in their role and operations for the region. Abdi is on the path to Development Director and is a key part in helping our region successfully grow! Thank you for all your great work, Abdi!



#### Club Art - Central MN Region

In April, Mary Franzen launched "Club Art" in the Central and Great River regions. She hosts two Friday afternoons sessions for small groups to paint together. It's been a big hit!





#### **East Metro Supervisors**

East RS's had a fun team building activity at the Game Show Battle Room! It's important to connect as humans and remind our supervisors that they are seen as the awesome humans they are!







### Summer Hours:

Bridges MN Corporate and Regional offices are implementing summer hours throughout Labor Day Weekend. Business hours will be as follow:

Monday: 8 am to 5 pm
Tuesday: 8 am to 5 pm
Wednesday: 8 am to 5 pm
Thursday: 8 am to 5 pm
Friday: 8 am to 12 pm

If you have any questions regarding this change, please contact our offices at **651-772-4957** 







